

9. I Kings 19:18. God needed to remind Elijah that He was not alone...over 7,000 people still believed. Who in your life do you consider a helper? What ministry are you doing together? Are you developing any leaders that could come alongside of you in ministry?

10. What are some of the distractions you have that kept you from spending time in God's presence? How has your life taken a discouraging turn lately?

11. Has God ever given you specific directions? What were they? Did you obey them or not? Why? I Kings 19:19-21. Elisha joins Elijah and burns his plow. Are there any plows in your life that you need to burn? What are they?

12. How would your life look differently if you spent more time in God's presence? When was the last time you were really hungry for a time with God?

Lastly, could you spend time in prayer and ask God to restore the passion in your relationship with Him? Ask God to help this community group, THRIVE, your church to be a place where people are seeking God daily and passionately.



## Living On The Mountain Top

### Elijah's Situation:

- Elijah was afraid for his life. (I Kings 19:1-3)
  
- Elijah ran to the desert. (I Kings 19:3-4a)
  
- Elijah gave up and gave in. (I Kings 19:4b-5a)

### God's Response:

1. Restoration! (I Kings 19:5b-8a)
  
2. Meet me on the mountain! (I Kings 19:8b-13a)
  - A. God was not in the windstorm.
  - B. God was not in the earthquake.
  - C. God was not in the fire.
  - D. God gently whispered. (John 14:26-27; Acts 16:25-34)
  
3. Here are your directions. (I Kings 19:15; I Thess. 1:5; Phil. 1:6)
  
4. Let me remind you, you are not alone! (I Kings 19:18)
  
5. I will provide you with helpers! (I Kings 19:15b-16)

## FOOD FOR THOUGHT

For the week of July 5, 2009

(Questions and Scriptures for further study)

1. What have been some spiritual high points of your life? (camp? retreat? mission trip? How long do most spiritual highs last after an event? Why is that? What usually happens?
2. I Kings 18:27-38. What was Elijah's victory? How could this story be re-written in our culture? Who would the showdown be between? Could somebody exaggerate how this might play out in 2009? The where, when, who and how?
3. I Kings 19:1-12. Why did Elijah run away from Jezebel? What moved Elijah to ask God to take his life? Lying under the tree, what did Elijah need? (Psalm 46:1)
4. What are some ways that you have run yourself ragged in life, school, work, or in ministry? Have you ever felt burnt out? What do you run to when you feel burnt or burnt out?

5. What have been some ways that God has tried to get your attention? Read I Kings 19:11-13. What have you experienced in your life that would be similar to the wind, earthquake or the fire? What do you think God was saying to Elijah through the wind, earthquake or the fire?

6. Have you ever heard God whisper to you? What did He say? Elijah was asked, "What are you doing here?" What would be your response to God right now in your devotional time or in your community group?

7. John 14:26-27. What is this text saying we need to do? What is the role of the Holy Spirit? How did God restore you? Who has God used specifically to encourage you?

8. Psalms 46:10. How often do we do this?