

8. How can studying, knowing God's Word help us in our plan for purity? How can our friends and family help? Hebrews 10:24, Hebrews 3:12-13. What kind of decisions can we make before the date that will help us to stay pure? I Peter 1:13-15.

9. If we have messed up in our past relationships, what does the Bible say about that? Read I John 1:9, John 8:11 and Psalm 103:12.

10. Read Hebrews 10:22-24. How does God's forgiveness bring us hope? How does Paul's note to Timothy (I Timothy 4:12) also encourage us while we are young in dating?

The Best Offense Is A Good Defense

1. Ask the right question—How **pure** can I **be**?
(I Thessalonians 4:3-5; 7-8)
2. Develop the perfect **strategy**. (I Peter 1:13-15)
 - A. **Defensive** game plan. (I Corinthians 6:15-20 “*The Message*”)
 - 1) **Sex** is more than **physical**. (Job 31:1)
 - 2) **Sex** outside of marriage leaves you **empty**.
 - 3) Your **body** wasn't made for **sexual** sin.
 - 4) Timing is **everything**. (Song of Solomon 2:7)
 - B. **Offensive** game plan. (I Corinthians 7:1-6 “*The Message*”)
 - 1) **Marriage** is the **only** context for sex.
(Genesis 39:11-12, II Samuel 11:1-5)
 - 2) Have a way of **escape**!
(James 4:7, Ephesians 6:13, I Corinthians 6:18)
 - 3) People, places and **things to do**.
(Proverbs 27:9, Hebrews 10:24, Hebrews 3:12-13)
 - 4) **Rely** on God's power. (Psalm 16:8)
3. Turn your **game** around.
(I John 1:9, John 8:11, Psalm 103:12, I Timothy 4:12)

Podcasts are available each week on www.kcfonline.org under Resources.

FOOD FOR THOUGHT

For the week of March 7, 2010

(Questions and Scriptures for further study)

1. How has your relationship with God been different when you were dating someone as opposed to when you were not? Why is that?

2. How compatible do you think Christianity is with the American-style dating? If you could plan out your life, at what age would you want to transition from being single to married—if at all? How does this culture, Hollywood, your friends affect the way you see dating?

3. When it comes to break ups in dating and relationships, what is the messiest breakup you have ever seen? Why do you believe things went so badly? What did you learn from that break up? What are the common ingredients with bad break ups?

4. Contrast with the nicest, cleanest, most godly break up you've seen. What factors do you believe made that less messy than other break ups? How do you think having sex affects the break up?

5. In dating, we often ask the question, "How far can I go"... instead we should ask the question, "How pure can I be" - how could asking this different question change the way you date?

6. Read II Samuel 11:1-5 and Genesis 39:6-23. How do these two men in the Bible handle temptation? What can we learn from them when it comes to dating?

7. How can having a "plan for purity" protect your body, mind, heart or emotions? Who do we know that are in relationships without all the heart break, game playing and roller coaster drama? What makes the difference?