

7. Read Acts 10:15-21, 28b, 34, 35; Matt. 15:10-18. Do you find it hard to be teachable in certain areas of your life? Why? What are some reasons people aren't willing to change their views? What are some views you see in the Church as a whole that needs to change? Are you willing to change?

8. Read Galatians 2:11-14. Why do people fear others? Do you fear anyone?

9. Read Acts 10:1-5, 15. Why do so many people trust their religious traditions over scripture? Give some examples.

## Bridges To Build/Barriers To Break

A barrier is anything that separates or obstructs us from our rightful place in Christ.

I. God wants us busting through our barriers. (II Cor. 10:4)

II. The majority of our barriers are internal not external. (II Cor. 10:5)

III. Breaking barriers is a process.

A. Giving over. (Romans 12:1; I Peter 5:7)

B. Renewing. (Romans 12:2)

IV. Four examples of barriers:

A. Prejudice. (Acts 10:9-14, 27-28a; 11:1-3, 19)

B. Teach ability. (Acts 10:15-21, 28b, 34-35; Matt. 15:10-18)

C. Fear of man. (Gal. 2:11-14)

D. Religious traditions. (Acts 10:1-5, 14)

\* What's on your sheet?

Podcasts are available each week on [www.kcfonline.org](http://www.kcfonline.org) under Resources.

## FOOD FOR THOUGHT

For the week of March 28, 2010

(Questions and Scriptures for further study)

1. What 3 barriers confronted you this week? How did you respond? Did you overcome them? What barrier is presently staring you down? How do you feel about it?

2. Read II Cor. 10:4. Do you believe God wants you to bust through your barriers?

3. Read II Cor. 10:5. Have you come to realize most of your barriers are internal? What are some internal barriers that trip people up in their Christian walk? What are some things that have internally tripped you up?

4. Are you in the process of overcoming some internal barriers? Read Romans 12:1 and I Peter 5:7. Have you given these barriers to Christ or are you still holding on to them? Read Romans 12:2. Are you daily renewing your mind with Scripture to overcome these internal barriers? Why or why not?

5. What are some barriers of prejudice in our country? In our Church, community groups, your family?

6. Read Acts 10:9-14, 27, 28a; 11:1-3, 19. Why do you think Peter struggled with prejudice? Why did it take him so long to overcome it? How does prejudice begin?